

# PRICE LIST SPA & WELLNESS



Hotel SPA Falcom

Gdynia-Rumia

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business & family

## RITUALS AND TREATMENTS WITH BODY MASKS

**LASTING SOFTNESS - whole body peeling with sea salt crystals**

Effect: cleanses, moisturizes and leaves the skin soft and elastic

PLN 110/  
20 MINUTES

**STOMACH SCULPTOR - insufficient physical activity, unhealthy diet, stress lead to an increase in the level of stress hormones. This causes, among others, the appearance of "puffs" around the abdomen. This treatment activates fat burning thanks to the use of marine magnesium oil, guerande mud, Algoslim complex, caffeine and carnitine. Effect: reducing the circumference of the waist and abdomen, improving the functioning of the digestive system.**

PLN 180/  
45 MINUTES

**LASTING NUTRITION - a nourishing and regenerating treatment for the skin.**

Effect: smoothes and moisturizes the skin, and the delicate sweet scent improves well-being.

PLN 200/  
50 MINUTES

**TEA GARDEN - a firming and elasticity ritual**

Effect: makes the skin elastic and soft to the touch.

PLN 230/  
50 MINUTES

**BORA BORA - a ritual that moisturizes and, thanks to the coconut aroma, soothes the senses and relaxes. Effect: intensively moisturizes and relaxes.**

PLN 230/  
50 MINUTES

**TOUCH OF SILK - a regenerating and soothing ritual.**

Effect: makes the skin silky smooth, relaxes and soothes.

PLN 230/  
50 MINUTES

**MARINE DETOX BODY RITUAL - detoxifying treatment with Detox massage.**

effect: release of accumulated toxins and water, stimulation of metabolism, effective slimming and body cleansing.

PLN 250/  
80 MINUTES